

**Your Body's Systems
Comprehension Questions**

Name _____

Date _____

1) Which system help break food down into energy?

- a. skeletal
- b. muscular
- c. digestive
- d. respiratory

2) Which two systems help you move? (*choose two*)

- a. skeletal
- b. muscular
- c. digestive
- d. respiratory

3) What might happen to your body if you did not eat much protein?

4) List two ways that your skeletal system helps to protect you or the other parts of your body.

5) Besides water, what is something that you could use a sponge to **absorb**?
